The first hour

Keep this page with your lights, radio, and paper contacts. Record when the outage began:

_____

Minutes 0 to 10

[ ] Account for everyone at home and anyone who needs assistance.

[ ] Check for fire, flooding, damaged wiring, or other immediate hazards.

[ ] Put a working light within reach of each household member.

[ ] Check a utility notice or radio update to establish what is known.

Minutes 10 to 30

[ ] Keep refrigerator and freezer doors closed. Note the outage time.

[ ] Turn off cooking appliances and high-load equipment that was running.

[ ] Locate stored water and check local water notices.

[ ] Send location, people present, needs, and next check-in time to your contact.

Minutes 30 to 60

[ ] Gather the radio, paper contact sheet, spare batteries, and household log.

[ ] Choose a meal that needs no refrigeration or cooking.

[ ] Check indoor conditions, essential equipment, and sleeping arrangements.

[ ] Set the next review time. Start relocation arrangements if an essential need cannot be met.

What is already covered?

Count what is physically available. Put unconfirmed help and future purchases in the missing column.

Need	On hand / location	Missing / next action
Drinking water		
No-cook meals		
Lights / batteries		
Radio / contacts		
Hygiene / toilet		
Medication / care		
Sleeping space		
Transport / destination		

Finish these three jobs first

1. _____

2. _____

3. _____

Read the course preview at fullpreppermode.com